THE CLARITY TOOL Today's Truth

Chapter 1: The Clarity Tool Today

Write down where you are in the different areas of your life that matter most.
When you are 100% honest with yourself, what do you really want?
Where are you with your health right now?
How are your finances?
How do you feel about your relationships?
What other areas of your life are important to you right now?
What other dreas of your life are important to you fight how: