

# THE CLARITY TOOL *Find Your WHY*

This is a tool that shifted my mindset dramatically. By pushed yourself to look 7 layers deep you will not only discover the the real reasons behind your WHY, but quite possibly things you never knew or admitted about yourself.

This is best done with someone else asking you the questions. The first few layers you will probably find yourself giving the standard "head" answers, but once you get to layer 5 or deeper the true "heart" answers come out.

## Level 1

What is important to you about becoming successful?

## Level 2

Why is that important to you?

## Level 3

And why is that important to you?

## Level 4

And why is that important to you?

## Level 5

And then why is that important to you?

## Level 6

Be really specific. Why is this so important to you?

## Level 7

Find why this is truly important to you and you have found your WHY!